

Mission:  
To protect, promote & improve the health  
of all people in Florida through integrated  
state, county & community efforts.



Rick Scott  
Governor

John H. Armstrong, MD, FACS  
State Surgeon General & Secretary

Vision: To be the Healthiest State in the Nation

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## North Central Florida Breastfeeding Support Resource List

**Alachua Women Infants and Children Program (WIC) 1 (800) 494-2543 or (352) 225-4343**

<http://alachua.floridahealth.gov/programs-and-services/clinical-and-nutrition-services/wic/index.html>

Serving Alachua, Bradford, Columbia, Dixie, Gilchrist, Hamilton, Lafayette, Levy, Suwannee and Union Counties.  
Providing breastfeeding support, breastfeeding classes, and pump loans. Susie Tanner, IBCLC (352) 225- 4369.

**Birth and Wellness Center of Gainesville <http://birthwellnessofgainesville.com> (352) 372-4784**

Offering one-on-one breastfeeding help and breastfeeding classes. Teresa Glaser, BSN, IBCLC.

**Breastfeeding USA North Central Florida Chapter Facebook: <https://www.facebook.com/BFUSANCF>**

Providing face-to-face, phone, text, online and email mother-to-mother breastfeeding support. (352) 247-2333.  
Stormy [stormy.miller@breastfeedingusa.org](mailto:stormy.miller@breastfeedingusa.org) Cynthia [cynthia.sears@breastfeedingusa.org](mailto:cynthia.sears@breastfeedingusa.org)

**La Leche League of Gainesville <http://llflorida.com/lalecheleaguegroup/s/lll-of-gainesville-florida/>**

Helping mothers to breastfeed through mother-to-mother support, encouragement, information, and education.  
Millhopper Library 1<sup>st</sup> Saturday 10 AM (except in September 2015, Sept 12<sup>th</sup>) Leader: Carol 352-372-6707.

**Lake Shore Hospital Lake City**

For breastfeeding help: 386- 292-8000 ask for mother baby unit.

**North Florida Regional Medical Center (NFRMC) Gainesville**

To contact a Lactation Consultant: (352) 333-5315 To register for breastfeeding classes: 1 (800) 611- 6913.  
NFRMC Postpartum Support Group: Tuesdays 11:30am - 2:00pm

**Office on Women's Health [www.womenshealth.gov/breastfeeding/](http://www.womenshealth.gov/breastfeeding/)**

Breastfeeding information. English and Spanish Helpline 1 (800) 994-9662 Monday-Friday 9 a.m. - 6 p.m. EST.

**UF Health Shands Gainesville**

To contact a Lactation Consultant: (352) 265-0317. To register for breastfeeding classes: <https://ufhealth.org/breastfeeding-class>. New Mothers Support Group Tuesdays 11:30am – 1:30pm..

**UF Center for Breastfeeding and Newborns <http://cbn.med.ufl.edu/> For appointment call: (352) 334-0206**

The center provides assessment, treatment, and advice for maternal and infant breastfeeding problems. Consults, frenotomies, and professional education also provided. Mary Ryngaert, ARNP, IBCLC. Medical Director Sandra Sullivan, MD, IBCLC.

**Healthy Start of North Central Florida <http://www.healthystartncf.org/>**

Care coordinators offer breastfeeding education and support in all north central Florida counties. To contact a Healthy Start Coordinator in your county: <http://www.healthystartncf.org/healthy-start-program/contact-us/>

**North Central Florida Breastfeeding Coalition <http://www.ncfbcoalition.org/>**

Visit site for breastfeeding information, local resources, advocacy, links, calendar of events and more.