

## North Central Florida Breastfeeding Support Resource List

**Alachua Women Infants and Children Program (WIC) 1 (800) 494-2543 or (352) 225-4343**

<http://alachua.floridahealth.gov/programs-and-services/clinical-and-nutrition-services/wic/index.html>

Serving Alachua, Bradford, Columbia, Dixie, Gilchrist, Hamilton, Lafayette, Levy, Suwannee and Union Counties.

Providing breastfeeding support, breastfeeding classes, and pump loans for medical need and working mothers.

Susie Tanner, MPH, IBCLC Breastfeeding Coordinator (352) 225-4369.

**Birth and Wellness Center of Gainesville <http://birthwellnessofgainesville.com> (352) 372-4784**

Offering one-on-one breastfeeding help and breastfeeding classes. Teresa Glaser, BSN, IBCLC.

**Breastfeeding USA North Central Florida Chapter (352) 247-2333**

Providing face-to-face, phone, text, online and email mother-to-mother breastfeeding support.

Accredited Breastfeeding Counselors - Cynthia Sears and Stormy Miller

Stormy [stormy.miller@breastfeedingusa.org](mailto:stormy.miller@breastfeedingusa.org) Cynthia [cynthia.sears@breastfeedingusa.org](mailto:cynthia.sears@breastfeedingusa.org)

Facebook: <https://www.facebook.com/BFUSANCF>

**La Leche League of Gainesville <http://lllflorida.com/lalecheleaguegroup/s/lll-of-gainesville-florida/>**

Helping mothers to breastfeed through mother-to-mother support, encouragement, information, and education.

Millhopper Library 1<sup>st</sup> Saturday 10 AM (except in September 2015, Sept 12<sup>th</sup>) Leader: Carol 352-372-6707

**Lake Shore Hospital Lake City**

For breastfeeding help: 386- 292-8000 ask for mother baby unit.

**Office on Women's Health [www.womenshealth.gov/breastfeeding/](http://www.womenshealth.gov/breastfeeding/)**

English and Spanish Helpline 1 (800) 994-9662 Monday-Friday 9 a.m. - 6 p.m. EST.

**North Florida Regional Medical Center (NFRMC) Gainesville**

To contact a Lactation Consultant: (352) 333-5315 To register for breastfeeding classes: 1 (800) 611- 6913

NFRMC Postpartum Support Group: Tuesdays 11:30am - 2:00pm

**UF Health Shands Gainesville**

To contact a Lactation Consultant: (352) 265-0317. To register for breastfeeding classes:

<https://ufhealth.org/breastfeeding-class>. New Mothers Support Group Tuesdays 11:30am – 1:30pm.

**UF Center for Breastfeeding and Newborns <http://cbn.med.ufl.edu/> For appointment call: (352) 334-0206**

The center provides assessment, treatment, and advice for maternal and infant breastfeeding problems that is collaborative with your hospital's lactation program and your personal physician. Consults, frenotomies, and professional education also provided. Services provided by Mary Ryngaert, ARNP, IBCLC. Medical Director Sandra Sullivan, MD, IBCLC.

**Healthy Start of North Central Florida <http://www.healthystartncf.org/>**

Care coordinators offer breastfeeding education and support in all north central Florida counties. To contact a

Healthy Start Coordinator in your county: <http://www.healthystartncf.org/healthy-start-program/contact-us/>

**North Central Florida Breastfeeding Coalition <http://www.ncfbcoalition.org/>**

Visit site for local breastfeeding resources, advocacy, links, calendar of events and more.